



# Onondaga School of Therapeutic Massage Continuing Education 2010

## Massage for People Living with Cancer

**Course Description:** Comfort-oriented massage or touch can be administered to people with cancer regardless of the severity of their condition. The purpose of this class is to train touch therapists in the basics of oncology massage. The experience derived from this training will create new-found confidence when working with clients, particularly private practice clients, who are in treatment or recovery from cancer. Therapists who focus on hospice and hospital work will also find this course valuable for their special needs patients.

The curriculum includes information on:

- opening the heart to those with serious illness
- the metastatic process
- adjustments that must be made for clients who:
  - are undergoing chemotherapy or radiation or who have a history of it
  - have had surgical or medical procedures
  - are at risk for lymphedema
- how to perform intake with clients who have been treated for cancer

Significant time is devoted to hands-on practice with the culminating activity of giving a relaxation massage to someone with cancer or a history of cancer.

**Instructor:** Jean Van Etten, LMT

Jean Van Etten has been the staff massage therapist for the Pluta Cancer Center in Rochester, NY since 2003. She developed the massage program at the Center, which includes comfort-oriented massage, massage for caregivers, and hand, foot and shoulder massage for patients in the chemo infusion room. She has been a guest speaker at cancer support groups and organizations and massage education programs. Jean received her massage training from the Rochester program of the Onondaga School of Therapeutic Massage and is a graduate of the 300-hour oncology massage training offered by the Peregrine Institute of Oncology Massage Training. She also received oncology massage training at Memorial Sloan Kettering Hospital.

**Date & Times:** Friday, October 1 – Sunday, October 3, 2010  
8:30 a.m. – 5:30 p.m. with one-hour lunches

**Location:** Rochester Campus, Village Gate, 302 N. Goodman St., Rochester, NY

**Tuition:** \$375 due no later than September 15

**CE Hours: 24**

**Enrollment Requirement:** The course is open to licensed massage therapists (maximum of 16, minimum of 10).

**Required Supplies:**

- Three-ring binder
- Unscented lotion (in a pump or squeeze bottle only)
- Two sets of clean linen (no heavily-scented detergents)
- One clean beach towel or blanket for client warmth (day 3 only)
- Two hand towels
- One clean pillow
- Alcohol-based hand cleaner

**Highly Recommended:** “Medicine Hands: Massage Therapy for People with Cancer”, 2nd Ed. By Gayle McDonald (Findhorn Press, 2007)

**Cancellation Policy:** A fee of \$50 is charged when there is less than two weeks notice.